



Student Nutrition

K-8 MENU

FEBRUARY 19-20

Thirsty?

Offered every day with your school breakfast & lunch: low-fat white milk & fat-free chocolate milk.



Daily Breakfast Choices:
Menu Item ▪ Cereal ▪ Fruit

Enjoy filling your belly with our colorful fruit and vegetable bar.

Fill your tray with a seasonal rainbow of dark green, red and orange, beans and peas, starchy, and other vegetables as well as an array of fresh and canned fruits offered daily!

What does a **5 STAR** lunch look like?



A meal is not "complete" without ½ cup Fruit OR Vegetable
Lunch offered includes 5 components – Protein, Grain, Fruit, Vegetable, and Milk
Students must take 3 or more stars.

Meal Prices

Breakfast: K-3rd Grade - FREE

4th-8th grade - \$1.75

Lunch: K-8th Grade - \$2.75

PLEASE NOTE: Menu subject to change.
This institution is an equal opportunity provider

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Bagel and Cream Cheese Chicken with Alfredo Sauce & Pasta and Broccoli	4 Breakfast Burrito Cheese Burger and Tater Tots	5 Blueberry Pancake and Hashbrown Mandarin Orange Chicken and 'Fried' Brown Rice	6 Breakfast Pizza Spaghetti with meat sauce and bread stick	7 Buttermilk Bar Pizza and Home Made Fruit Crisp
10 Honey Bun Home made Chili Macaroni and Cheese	11 Breakfast Pizza Crispy Chicken Sandwich	12 Eggstravaganza & Toast Chicken Quesadilla and Spanish Rice	13 Sausage Patty and Biscuit Turkey w/ Mashed Potatoes, gravy and a roll	14 Happy Valentine's Day French Toast & Turkey Bacon Cooks Choice and a Cookie
17	18	19	20	21
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24 Cereal and Cheese Stick Chicken Nuggets and Scooby Crackers	25 Chocolate Muffin Bean and Cheese Burrito	26 Breakfast Pizza Corn Dog or PB&J and Sweet Potato Fries	27 Buttermilk Bar Turkey Taco Nada	28 Pancake Sausage Dog Pizza and Corn
2 March	3 March	4 March	5 March	6 March